

# TRAVELFIT RETREAT – TAMARINDO, COSTA RICA

February 5–8, 2027

## Terms & Conditions

### 1. What's Included:

- 3 nights / 4 days luxury accommodation at a private villa in Tamarindo, Costa Rica
- 2 daily energising TRAVELFIT fitness classes
- Group Surf lessons on Tamarindo beach
- Private gourmet chef providing all villa meals
- Nightly wine served with dinner
- One group dinner in town
- Guided group hike to the Leona Waterfall (Curubandé): A popular guided hike through a dry forest that leads to a hidden waterfall inside a cave
- and lastly, a TRAVELFIT welcome goodie bag & merchandise

### 2. What's Not Included

- Flights to and from Costa Rica

**\* Note: Please fly into LIR airport if possible.\* (1.5 hr drive to villa) San Jose Airport is quite a long drive away**

(Check in time: 3pm at villa - please do not arrive prior to check in time)

- Airport transfers or taxis (guests are responsible for arranging their own transportation) Taxis are easy to grab from airport to villa.
- Travel insurance (recommended but not mandatory)
- Massages (Pay masseuse on site)
- Alcohol outside of villa dinners
- Meals outside of scheduled retreat itinerary
- Any excursions or activities not expressly listed above

### 3. Health & Medical Responsibility

- All health conditions, injuries, allergies, or dietary requirements must be disclosed at time of booking.

- Guests are solely responsible for determining medical fitness to travel and participate.
- Participation in fitness classes, hikes, excursions, and activities is voluntary.
- Guests must stop activity if discomfort, dizziness, or injury occurs.
- Uneven terrain, tropical climate conditions, insects, wildlife, and natural elements may be present.
- Pregnant guests must provide written doctor clearance confirming fitness to travel and participate.

#### **4. Acknowledgement of Risk & Waiver of Liability**

By booking this retreat, you acknowledge that travel and fitness activities carry inherent risks. TRAVELFIT by Kayley LLC and Kayley Lake assume no liability for injury, illness, death, property loss, theft, delays, accidents, natural disasters, or medical emergencies occurring before, during, or after the retreat. Participation is at your own risk. You release and hold harmless TRAVELFIT by Kayley LLC, Kayley Lake, staff, contractors, and villa owners from any and all claims.

#### **5. Pricing & Payment Policy**

##### **Pricing:**

Shared Queen Bunk Room (only available): \$2,700 USD/ 2150€ UK

Shared Queen or King Bed: \$2600 USD/ 2050€

Private room: \$3,000 USD/ £2350 UK

Early bird BOOKING: \$200 off for first 48 hours (MARCH 1-2)

##### **Payment Structure (Mandatory 3-Part Plan):**

1. Non-refundable \$500 /420€ deposit due at booking to secure spot!
2. Payment 2 due June 1, 2026.
3. Final Payment due November 1, 2026.

**US residents: Payments can be made on venmo to @kayleystevenslake.**

**UK residents: Payments can be made to Kayley Lake**

**Account Number: 16021287 Sort code: 83-24-18**

All payments must be completed in full prior to January 1, 2027.

Failure to meet deadlines may result in forfeiture of space without refund.

Payment Default:

If a guest fails to complete payments:

- All prior payments remain non-refundable.
- TRAVELFIT reserves the right to resell the space.
- The guest remains legally responsible for the full balance unless the space is resold.

Chargebacks or disputed payments will be pursued legally.

## **6. Travel Insurance**

Travel insurance is strongly recommended and should include coverage for cancellation, medical care abroad, fitness activities, travel delays, natural disasters, and emergency evacuation. TRAVELFIT is not responsible for financial losses due to lack of insurance.

## **7. Guest Cancellation Policy**

- The deposit is strictly non-refundable.
  - If cancellation occurs before September 1, 2026 and the space is resold, no further payments will be due.
  - If cancellation occurs after September 1, 2026, the full remaining balance remains due whether or not you attend.
  - No refunds will be issued for unused portions of the retreat.
- All cancellations must be submitted in writing.

## **8. Retreat Cancellation Policy**

TravelFit reserves the right to cancel, postpone, or relocate the retreat due to force majeure, safety concerns, insufficient enrollment, natural disasters, or government restrictions.

If cancelled by TRAVELFIT:

- Guests may transfer payments to a future retreat within 12 months, OR
- Request a refund minus unrecoverable expenses.

TravelFit is not responsible for flights or outside bookings.

## **9. Force Majeure**

TRAVELFIT shall not be held liable for events beyond reasonable control including natural disasters, pandemics, political unrest, transportation shutdowns, or other acts of God.

## **10. Travel Delays**

TravelFit accepts no responsibility for delayed, missed, or canceled flights or transportation. Missed retreat days are non-refundable.

## **11. Suitability**

- Retreat is for adults 18+.
- Guests must be physically independent.
- Villa may not be fully accessible for mobility limitations.

TravelFit reserves the right to decline participation if necessary for safety reasons.

## **12. Personal Property**

TravelFit is not responsible for loss, theft, or damage to personal belongings.

## **13. Behavior Policy**

Guests are expected to behave respectfully.

TravelFit reserves the right to remove any participant whose behavior is disruptive or unsafe, without refund.

## **14. Media Release**

By attending, you grant permission for TravelFit to use photographs and video content taken during the retreat for promotional purposes.

## **15. Privacy**

All personal information is kept confidential and used solely for retreat administration purposes.

## **16. Governing Law**

This agreement is governed by the laws of the United States and the State of Florida.

## **Agreement**

I acknowledge that I have read, understood, and agree to these Terms & Conditions.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_